

**NEW JERSEY SWIMMING AND DIVING CONFERENCE
2008 "C" LEAGUE SWIMMING CHAMPIONSHIPS**

**Hosted by
North Brunswick RAPIDS Swim Team**

DATE: Saturday July 26, 2008
WARM-UP 7:00 AM
Officials Meeting 7:45 AM
START TIME 8:15 AM

LOCATION: North Brunswick High School
Raider Road (off Rt. 130)
North Brunswick, NJ 08902

DIRECTIONS: <http://www.njsdc.org/directions/NB.htm>

FACILITY: 6 Lane, 25-yards pool with non-turbulent lane lines, automatic starting, and marshalling. Concession stand will be available. Spectator seating is limited and no setting up in pool area. No bags will be allowed in pool spectator area. **Teams will not be allowed to set up outside on the open field, due to construction. Blankets and chairs will be allowed in the gym area.**

ELIGIBILITY: As per NJSDC Rulebook Section XII-B. A swimmer may enter a total of 4 events with a maximum of 3 individual events (see paragraph B). All swimmers must have competed officially in two current season dual meets to be eligible. Remember we have eight (8) teams; please do not enter swimmers who cannot complete a lap or will be disqualified

TEAM ENTRIES: Team Entries must be submitted electronically via Hy-Tek team or meet manager through email or on a disk. An electronic list of events will be posted on the meet website along with a free downloadable version of Team Manager Lite for those who do not have Team Manager. Instructions can be found on our website.... A hard copy of entries and payment must be sent to the meet director by the below deadline. Each team must supply name of three (3) officials with phone numbers. Teams will be contacted directly about number of timers needed (appx 6-8) after your entries are submitted. **IT IS THE RESPONSIBILITY OF EACH PARTICIPATING CLUB TO FILL THESE POSITIONS FOR THE DURATION OF THE SESSION.**

ENTRY DEADLINE: Team entries and required fees must be postmarked by July 21st, 2008 to:
North Brunswick Rapid Swim Team
710 Herman Road
North Brunswick, NJ 08902

ALL SCRATCHES MUST BE SUBMITTED NO LATER THAN 10:00 AM WEDNESDAY, 7-23-08

MAKE CHECKS PAYABLE TO NORTH BRUNSWICK RAPIDS SWIM TEAM

Meet Directors are forbidden to accept late entries for any reason

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ENTRY TIMES: Must include best time in YARDS. Conversions are acceptable.

ENTRY FEES: \$3.00 per individual event. \$10.00 for each relay team.
Entry fees are **not** refundable.

AWARDS: As per NJSDC Rulebook Section XII-D.

SEEDING AND SCRATCH: Events will be seeded at the meet. Swimmers must check in with the Clerk of Course for heat assignments as each event is called. Failure to check in will result in the swimmer being scratched from that event. Failure to swim after checking in will result in the swimmer being scratched from their next event.

RULES: USA Swimming Rules with NJSDC exceptions apply

WAIVER: In consideration of the acceptance of contestants entries the parents, guardians, and /or coaches of said contestants waive themselves, their heirs and assignees, any and all rights to claims for damages against NJSDC, The North Brunswick High School, North Brunswick Rapids Swim Team, North Brunswick Parks & Rec., or their agents or representatives, for any and all injuries which may be incurred by said contestants of this competition.

ADMISSION The admission fee for all persons 13 & over is \$4.00. Ages 12 & under free. Coaches and officials will be admitted without charge. Officials, if not pre-registered, must register at the gate. Programs will be available for \$3.00.

QUESTIONS: Contact Meet Director, Elizabeth Yarus (732-247-0922 x263) or e-mail to: fastrapids@hotmail.com

CONDUCT: Coaches and their assistants will be held responsible for the conduct of their swimmers during the meet. Referee’s whistle will be respected so that each swimmer has an equal opportunity to hear the starting command.

SPECIAL NOTICE:
WE NEED YOUR HELP & COOPERATION.
SPECTATOR AREA IS VERY LIMITED FOR A MEET OF THIS SIZE.
PLEASE DO NOT SET UP IN POOL AREA !!!
TEAMS WILL BE DESIGNATED AN AREA IN THE GYM OUTSIDE THE
POOL AREA!!

NEW JERSEY SWIMMING AND DIVING CONFERENCE 2008 "C" LEAGUE SWIMMING CHAMPIONSHIPS

Saturday July 26th - 8:00 AM Start

GIRLS EVENT #	EVENT	Boys Event #
1	10/U 100 I.M.	2
3	11 - 12 100 I.M.	4
5	13 - 18 200 IM	6
7	8/U 100 Medley Relay	8
9	9 - 12 200 Medley Relay	10
11	13 - 18 200 Medley Relay	12
13	8/U 25 Free	14
15	9 - 10 50 Free	16
17	11 - 12 50 Free	18
19	13 - 14 100 Free	20
21	15 - 18 100 Free	22
23	8/U 25 Breast	24
25	9 - 10 50 Breast	26
27	11 - 12 50 Breast	28
29	13 - 14 100 Breast	30
31	15 - 18 100 Breast	32
33	10/U 100 Free	34
35	11 - 12 100 Free	36
37	13 - 18 200 Free	38
39	8/U 25 Back	40
41	9 - 10 50 Back	42
43	11 - 12 50 Back	44
45	13 - 14 100 Back	46
47	15 - 18 100 Back	48
49	8/U 25 Fly	50
51	9 - 10 50 Fly	52
53	11 - 12 50 Fly	54
55	13 - 14 100 Fly	56
57	15 - 18 100 Fly	58
59	8/U 100 Free Relay	60
61	9 - 12 200 Free Relay	62
63	13 - 18 200 Free Relay	64

**NEW JERSEY SWIMMING AND DIVING CONFERENCE
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**THERE WILL BE A
MANDATORY SEEDING MEETING
HELD ON**

TUESDAY JULY 22ND

8:00 P.M. SHARP

AT

**NORTH BRUNSWICK RAPIDS SWIM TEAM
NORTH BRUNSWICK HIGH SCHOOL POOL
NORTH BRUNSWICK, NJ**

At this meeting you will receive verification sheets for your entries. Please be prepared to correct any errors at that time. Bring with you; your team roster and meet sheets for this season so that you are prepared to verify all information submitted on your entry forms.

We look forward to seeing you on the 26th. If you have any questions please call:

Elizabeth Yarus, Meet Director (732) 247-0922 x-263

NEW JERSEY SWIMMING AND DIVING CONFERENCE 2008 "C" LEAGUE SWIMMING CHAMPIONSHIPS

ENTRY CHECKLIST

Team Name

Coach _____

When submitting entries for Championships, include this form, with **all** information completed and check to be sure you have included each item on the list.

Checklist

- | | | |
|-------|--|---|
| _____ | Entry Checklist (this form) | <i>Make sure you include names of individual timers and officials.</i> |
| _____ | Entry Sheets for Girls Individual Events | <i>Please check to be sure that no information has been omitted. Swimmers are <u>not</u> eligible if Date of Birth is not included.</i> |
| _____ | Entry Sheets for Boys Individual Events | |
| _____ | "A" Relay Entry Sheets | |
| _____ | "B" Relay Entry Sheets | |
| _____ | Entry Fees | |

Entry Fees

- | | | |
|-------|-----------------------------|------------|
| _____ | Individual Entries @ \$3.00 | = \$ _____ |
| _____ | Relay Entries @ \$10.00 | = \$ _____ |
| | TOTAL | = \$ _____ |

Timers & Officials

The following information is REQUIRED along with your entries. All teams must supply Name of one official (with phone number). Teams will be contacted directly about number of timers needed after your entries are submitted.

Contact for official:

Name: _____ Phone: _____

Entries are REQUIRED to be submitted electronically via email to fastrapids@hotmail.com or disk. Electronic entries must be received by July 18th 2008. Please check which method of electronic delivery you are using.

Email (preferred):

Disk:

Coaches Signature _____

NEW JERSEY SWIMMING AND DIVING CONFERENCE 2008 "C" LEAGUE SWIMMING CHAMPIONSHIPS

ENTRY SHEET FOR *GIRLS INDIVIDUAL EVENTS*

Team _____ Coach _____

Name		Event #	Event #	Event #
Birthdate / /	Age	Best Time	Best Time	Best Time
Name		Event #	Event #	Event #
Birthdate / /	Age	Best Time	Best Time	Best Time
Name		Event #	Event #	Event #
Birthdate / /	Age	Best Time	Best Time	Best Time
Name		Event #	Event #	Event #
Birthdate / /	Age	Best Time	Best Time	Best Time
Name		Event #	Event #	Event #
Birthdate / /	Age	Best Time	Best Time	Best Time
Name		Event #	Event #	Event #
Birthdate / /	Age	Best Time	Best Time	Best Time
Name		Event #	Event #	Event #
Birthdate / /	Age	Best Time	Best Time	Best Time
Name		Event #	Event #	Event #
Birthdate / /	Age	Best Time	Best Time	Best Time
Name		Event #	Event #	Event #
Birthdate / /	Age	Best Time	Best Time	Best Time
Name		Event #	Event #	Event #
Birthdate / /	Age	Best Time	Best Time	Best Time

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ENTRY SHEET FOR *BOYS INDIVIDUAL EVENTS*

Team _____ Coach _____

Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/	/			
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/	/			
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/	/			
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/	/			
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/	/			
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/	/			
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/	/			
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/	/			
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/	/			
Name		Event #	Event #	Event #
Birthdate	Age	Best Time	Best Time	Best Time
/	/			

NEW JERSEY SWIMMING AND DIVING CONFERENCE 2008 "C" LEAGUE SWIMMING CHAMPIONSHIPS

ENTRY SHEET FOR "A" RELAY

Team _____ Coach _____

Age Group	Event #	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Best Time
8/U	Girls # 7 Medley					
	Alternates					
8/U	Boys # 8 Medley					
	Alternates					
9/12	Girls # 9 Medley					
	Alternates					
9/12	Boys # 10 Medley					
	Alternates					
13/18	Girls # 11 Medley					
	Alternates					
13/18	Boys # 12 Medley					
	Alternates					

NEW JERSEY SWIMMING AND DIVING CONFERENCE 2008 “C” LEAGUE SWIMMING CHAMPIONSHIPS

ENTRY SHEET FOR “A” RELAY

Team _____ Coach _____

Age Group	Event #	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Best Time
8/U	Girls # 59 Free Relay					
	Alternates					
8/U	Boys # 60 Free Relay					
	Alternates					
9/12	Girls #61 Free Relay					
	Alternates					
9/12	Boys #62 Free Relay					
	Alternates					
13/18	Girls #63 Free Relay					
	Alternates					
13/18	Boys #64 Free Relay					
	Alternates					

List only “A” relays on this sheet. If you have additional relays please use the sheet marked “B” Relays.

Please be certain to use the same name for relays that you used for individual events.

USE CAUTION WHEN PREPARING ENTRIES TO INSURE THAT THE EVENT NUMBER IS CORRECT
- ENTRIES WILL BE ENTERED BY NUMBER ONLY !!!

NEW JERSEY SWIMMING AND DIVING CONFERENCE 2008 "C" LEAGUE SWIMMING CHAMPIONSHIPS

ENTRY SHEET FOR "B" RELAY

Team _____ Coach _____

Age Group	Event #	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Best Time
8/U	Girls # 7 Medley					
	Alternates					
8/U	Boys # 8 Medley					
	Alternates					
9/12	Girls # 9 Medley					
	Alternates					
9/12	Boys # 10 Medley					
	Alternates					
13/18	Girls # 11 Medley					
	Alternates					
13/18	Boys # 12 Medley					
	Alternates					

NEW JERSEY SWIMMING AND DIVING CONFERENCE 2008 "C" LEAGUE SWIMMING CHAMPIONSHIPS

ENTRY SHEET FOR "B" RELAY

Team _____ Coach _____

Age Group	Event #	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Best Time
8/U	Girls # 59 Free Relay					
	Alternates					
8/U	Boys # 60 Free Relay					
	Alternates					
9/12	Girls #61 Free Relay					
	Alternates					
9/12	Boys #62 Free Relay					
	Alternates					
13/18	Girls #63 Free Relay					
	Alternates					
13/18	Boys #64 Free Relay					
	Alternates					

List only "B" relays on this sheet. "A" Relays should be entered on sheets marked "A" Relays.

Please be certain to use the same name for relays that you used for individual events.

USE CAUTION WHEN PREPARING ENTRIES TO INSURE THAT THE EVENT NUMBER IS CORRECT
- ENTRIES WILL BE ENTERED BY NUMBER ONLY !!!