

**NEW JERSEY SWIMMING AND DIVING
CONFERENCE 2008
“A” LEAGUE SWIMMING CHAMPIONSHIPS
Hosted by South Plainfield Tiger Sharks**

DATES: Friday July 25, 2008
Session 1: Ages 13 - 18

Saturday July 26, 2008
Session 2: Ages 12/under

| | | |
|---------|---------------------------|---------|
| 3:00PM | WARM-UP | 7:00AM |
| 3:30 PM | ALL SCRATCHES DUE | 7:30 AM |
| 4:00 PM | Officials' Meeting | 8:00 AM |
| 4:15 PM | START TIME | 8:15 AM |

LOCATION: South Plainfield Community Pool –
1250 Maple Avenue, South Plainfield, NJ 07080

DIRECTIONS: See NJSDC.org (Go to DIRECTIONS to pools)

FACILITY: Six (6) lane, twenty-five (27.6) meter outdoor pool; nominal depth – 6 feet; non-turbulent lane lines, snack bar; parking lot; and marshalling.

******BRING YOUR OWN CHAIRS!*******

ELIGIBILITY: A swimmer may enter a total of 4 events with a maximum of 3 individual events. All swimmers must have competed **officially** in two current season dual meets to be eligible. There will be 10 teams represented, swimmers should not be entered in an event unless they can finish the event. As per NJSDC Rule book: *“All entries with NO TIMES or times that cannot be verified will be scratched and the fee forfeited.”*

TEAM ENTRIES: Each team may enter as many swimmers as it desires in each event. A team may enter only two relays per event.

ENTRY DEADLINE: Team entries must be **RECEIVED** by 5:00 PM on **Monday, July 21, 2008**. Mail, e-mail, or hand deliver to:

Sarah Blessing **sarahblessing22@yahoo.com**
100 LaCosta Place
South Plainfield, NJ 07080

**Meet Directors are forbidden to accept late entries for any reason.
Changes of ANY kind will NOT be permitted after Tues, 7/22/07, 8 pm.**

Entries should be submitted on Hy-Tek Team Manager file. If you do not have access to your own copy of Team Manager, you can download TM Lite from the following web site:
http://www.hy-tekld.com/Demos/Swim_TEAM_MANAGER_Lite.exe

ENTRY TIMES: Must include best time in 25 YARDS. Conversions are acceptable. (The conversion factor for South Plainfield Pool to YARDS is (x .828))

ENTRY FEES: \$3.00 per individual event. \$10.00 for each relay team. Entry fees are not refundable. Make checks payable to **South Plainfield Tiger Sharks.**

TEAM WORKERS: Teams must provide the names of **8** volunteer timers (with watches capable of timing to 1/100th of a second) and **3** certified officials.
****PLEASE REMEMBER WATCHES!!****

MINIMUM of 3 TIMERS PER SESSION.

Teams that do not complete their Timing and Officiating assignments will have their swimmers scratched from the meet

AWARDS: Trophies will be awarded to the top four teams based on scoring 7-5-4-3-2-1 and double for relay events. Medals will be awarded to the top 6 places in each individual event and relays.

SEEDING & SCRATCHES Events will be seeded at the meet. Swimmers must **MARSHALL** for heat assignments as each event is called. Failure to check in will result in the swimmer being scratched from that event. Failure to swim after checking in will result in the swimmer being scratched from their next event.

RULES: USA Swimming Rules with NJSDC exceptions apply

WAIVER: In consideration of the acceptance of contestants' entries the parents, guardians, and /or coaches of said contestants waive themselves, their heirs and assignees, any and all rights to claims for damages against NJSDC, The South Plainfield Tiger Sharks, or their agents or representatives, for any and all injuries which may be incurred by said contestants of this competition.

ADMISSION: The admission fee at each session for all persons 13 & over is **\$4.00**. Ages 12 & under free. Coaches and officials will be admitted without charge. Officials, if not pre-registered, must register at the gate. **As per NJSDC Rules, a two day program will be available for \$6.00.**

QUESTIONS: Contact Meet Director, Barbara Valentino
(908) 756-8363 or e-mail to:
bvalen9689@aol.com

CONDUCT: Coaches and their assistants will be held responsible for the conduct of their swimmers during the meet. Referee's whistle will be respected so that each swimmer has an equal opportunity to hear the starting command.

RAIN DATE: Sunday, July 27, 2008

SPECIAL NOTICE:

**WE NEED YOUR HELP AND COOPERATION.
PARKING IS VERY LIMITED FOR A MEET OF THIS SIZE.
PLEASE CARPOOL TO THE GREATEST EXTENT
POSSIBLE!**

After event #48, there will be a Parent/Coaches 100 MEDLEY RELAY.
ONE entry per team. Your lane assignments are preset as follows:

HEAT 1

Metuchen- Lane 1
Hillsborough- Lane 2
Roycefield- Lane 3
East Brunswick- Lane 4
South Plainfield- Lane 5

HEAT 2

Willows-Lane 1
Middlesex-Lane 2
Chatham Colony-Lane 3
Brookside-Lane 4
Coppermine-Lane 5

**NEW JERSEY SWIMMING AND DIVING CONFERENCE
2008 "A" LEAGUE SWIMMING CHAMPIONSHIPS
EVENTS**

Session 1 Friday July 25th – 4:15 PM Start

| GIRLS EVENT # | EVENT | Boys Event # |
|---------------|--------------------------|--------------|
| 1 | 13 – 18 200 IM | 2 |
| 3 | 13 - 18 200 Medley Relay | 4 |
| 5 | 13 – 14 100 Free | 6 |
| 7 | 15 - 18 100 Free | 8 |
| 9 | 13 - 14 100 Breast | 10 |
| 11 | 15 – 18 100 Breast | 12 |
| 13 | 13 – 14 100 Fly | 14 |
| 15 | 15 – 18 100 Fly | 16 |
| 17 | 13 – 14 100 Back | 18 |
| 19 | 15 – 18 100 Back | 20 |
| 21 | 13 – 18 200 Free | 22 |
| 23 | 13 – 18 200 Free Relay | 24 |

Session 2 Saturday July 26th - 8:15 AM Start

| GIRLS EVENT # | EVENT | Boys Event # |
|---------------|-------------------------|--------------|
| 25 | 10/U 100 I.M. | 26 |
| 27 | 11 - 12 100 I.M. | 28 |
| 29 | 8/U 100 Medley Relay | 30 |
| 31 | 9 - 12 200 Medley Relay | 32 |
| 33 | 8/U 25 Free | 34 |
| 35 | 9 - 10 50 Free | 36 |
| 37 | 11 - 12 50 Free | 38 |
| 39 | 8/U 25 Breast | 40 |
| 41 | 9 - 10 50 Breast | 42 |
| 43 | 11 - 12 50 Breast | 44 |
| 45 | 10/U 100 Free | 46 |
| 47 | 11 – 12 100 Free | 48 |
| 49 | 8/U 25 Back | 50 |
| 51 | 9 - 10 50 Back | 52 |
| 53 | 11 - 12 50 Back | 54 |
| 55 | 8/U 25 Fly | 56 |
| 57 | 9 - 10 50 Fly | 58 |
| 59 | 11 - 12 50 Fly | 60 |
| 61 | 8/U 100 Free Relay | 62 |
| 63 | 9 - 12 200 Free Relay | 64 |

THIS SHEET MUST BE SUBMITTED BY 7/22/08.

2008 "A" LEAGUE SWIMMING CHAMPIONSHIPS

Friday & Saturday, July 25-26, 2008

WAIVER

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against South Plainfield Pool and the NJSDC, and their representatives for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF SWIM CLUB: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

Print Name _____

Signature _____

Address _____

Telephone _____

NAME(S) OF COACH:

LOCATION OF CLUB: _____(City)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding timers/officials:

ENTRY FEE SUMMARY

_____ Individual Event Entries @ \$3.00 = \$ _____

_____ Relay Event Entries @ \$12.00 = \$ _____

TOTAL ENTRY FEES = \$ _____

PLEASE SUBMIT ONE CONSOLIDATED CHECK, PAYABLE TO:

SOUTH PLAINFIELD TIGER SHARKS

THIS SHEET MUST BE SUBMITTED BY 7/22/08.