

June 2010



MMP SWIM & DIVE TEAM

Daily Afternoon Practice Session Schedule:

4:00 – 4:45 10 & Under (A, B, & P1)
 4:45 – 5:30 10 & Under (P2)
 4:45 – 6:00 11 & Over (all teams)
 4:00 – 5:30 Dive Practice (all age groups)
 * P1 & P2 schedule starts TBA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 First Day of Swim Practice 4:00 – 4:45 110&Under 4:45 – 6:00 11& over	2	3	4	5 Timed Trials (8:00 am) & Swim Suit Sales for all swimmers & divers - <u>Reg. & Payments Due!</u>
6	7	8 Sr. Officials Clinic 7:00 pm Cedar Hill	9	10	11	12 Last day to withdraw with a refund
13	14	15 Officials Clinic 7:00 pm Metcuhen (Borough Hall) Dive Officials Clinic 7:00 Cedar Hill	16	17 Officials Clinic 7:00 Cranford	18	19 Officials Clinic 8:00 Sr. Officials Clinic 9:15 North Brunswick HS
20	21 5:15 Warm-Up Dive Meet MMP@Home	22	23 6:00 PM Warm-Up MMP B @ Home	24 6:00 PM Warm-Up MMPA@ Brookside 1 st day of Morning Practices	25 8:30 am Team Pictures All Age Groups	26 8:45 Warm-up MMPA@ Roycefield MMPB@Home
27	28 5:15 Warm-Up Dive Meet MMP@Frog Hollow Somerset Patriots Game	29	30 5:00 PM Mighty Ducks Meet 6:00 Warm-Up MMPA@Home MMPB@Somerset Hills			

* All Practice is held daily Monday & Tuesday, Thursday & Friday unless noted otherwise. There are no practices on Wednesdays.

July 2010



MMP SWIM & DIVE TEAM

Daily Morning Practice Schedule:

8:00 – 9:15 11 & Over (all teams)

8:30 – 9:15 10 & Under (P2)

9:15 – 10:00 10 & Under (A, B, P1)

8:30 – 10:00 Dive Practice (all age groups)

There are no Practices on Wednesday mornings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 8:45 Warm-up MMPA@ Home MMPB@Greenbrook
League Conference Championships Are Tuesday August 3rd & Wednesday August 4th at Frog Hollow						
4	5 5:15 Warm-Up Dive Meet MMP@Home	6	7 5:00 PM Mighty Ducks Meet 6:00 Warm-Up MMPA@Cedar Hill MMPB@Home	8	9	10 7:45 Mighty Ducks Meet 8:45 Warm-up MMPA@ Home MMPB@Raritan Valley
11 Roycefield Sprint Invitational (All teams)	12 5:15 Warm-Up Dive Meet MMP@South Plainfield	13	14 5:00 PM Mighty Ducks Meet 6:00 Warm-Up MMPA@Home MMPB@Spring Run	15	16	17 7:45 Mighty Ducks Meet 8:45 Warm-up MMPA@ Frog Hollow
18 Brookside Mini-Minnow Meet (All 9 & Unders)	19 Meet 5:15 Warm-Up Dive Meet (TBA) 6:00 Warm-Up MMPB@Home	20	21 5:00 PM Mighty Ducks Meet 6:00 Warm-Up MMPA@Glen Ridge MMPB@Home	22	23	24 Mighty Ducks Rain Date Meet 8:45 Warm-up MMPA@ Home MMPB@Lake Ridge
25 8:00 Warm-Up Swim Across America MMP Swim for a Cure Open to All swimmers, families, and pool members	26 5:15 Warm-Up Dive Meet MMP@Cedar Hill	27	28 Make-up meet date	29 8:00 am Warm-Up Dive Champs@ Cedar Hill 5:00 Mighty Duck Champs Team Party	30 A Team Championships@ Cedar Hill	31 A Team Championships@ Cedar Hill B team Championships @ Gran Centurions

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